

The Covered Medical Expenses listed on these two pages are your benefits for the Advantage Plan POS. For a detailed description of your benefits, co-payments, deductibles and procedures please refer to your Group Service Agreement or Summary Plan Description. For a listing of participating providers within our network, please refer to NetCare's Provider Directory or log on to [www.netcarelifeandhealth.com](http://www.netcarelifeandhealth.com).

BENEFIT DESCRIPTION	PARTICIPATING PROVIDERS		
<b>PHYSICIAN &amp; OUTPATIENT BENEFITS</b>			
1. Primary Care Office Visit @ PCP	\$10.00 co-payment		
2. Specialist Care & Non-PCP Office Visit	\$25.00 co-payment		
3. Second Surgical Opinion	\$25.00 co-payment		
4. Home Health Care	\$25.00 co-payment		
5. Hospice (\$50 per day/180 days Lifetime)	\$25.00 co-payment		
6. Outpatient Laboratory Services	100% of covered charges		
7. Outpatient X-ray Services	\$10.00 co-payment per x-ray		
8. Outpatient Surgery	\$100.00 co-payment		
9. Private Duty Nursing	\$25.00 co-payment		
10. Urgent Care Visit	\$25.00 co-payment		
<b>HOSPITALIZATION &amp; INPATIENT BENEFITS</b>			
1. Room & board for semi-private room, intensive care, coronary care & surgery All other inpatient hospital services including laboratory, x-ray physician services, operating room, anesthesia & medication	\$100.00 co-payment per day for the first 5-days		
2. Pre-Admission Testing	\$25.00 co-payment		
3. Skilled Nursing Facility (Limited to 60-days per Contract Period)	\$100.00 co-payment per day for the first 5-days		
4. Inpatient Mental Health	\$100.00 co-payment per day for the first 5-days		
<b>MATERNITY CARE</b>			
1. Pre-natal & Post-natal Care Visits (Includes one routine ultrasound)	100% of covered charges		
2. Delivery - Hospital Facility	\$100.00 co-payment per day for the first 5-days		
3. Delivery - Birthing Center (Limited to Guam only)	\$100.00 co-payment		
4. Delivery - Professional Fee	100% of covered charges		
5. Circumcision (Covered within 30 days from date of birth)	\$50.00 co-payment		
<b>EMERGENCY BENEFITS</b>			
1. On & Off-island emergency facility, physician services, laboratory, x-rays	\$100.00 co-payment		
2. Ambulance Service (Limited to ground transportation)	\$100.00 co-payment		
<b>NON-EMERGENCY BENEFITS</b>			
Non-emergency treatment in a hospital emergency room	80% of covered charges after \$100 co-payment		
<b>ROUTINE ANNUAL EXAM/PREVENTIVE CARE</b>			
Preventive services guidelines established by the U.S. Preventive Services Task Force with Grade A or B			
1. Well-Child Care (Limited to 5 visits per Contract Period)	100% of covered charges		
2. Annual Physical Exam @ PCP	100% of covered charges		
3. Annual Gynecological Exam @ PCP	100% of covered charges		
4. Annual Mammogram (Over 40 years of age) @ PCP	100% of covered charges		
5. Annual Eye Exam (Maximum of \$50 per Contract Period)	100% of covered charges		
6. Routine Immunizations (Per CDC Guidelines) @ PCP	100% of covered charges		
7. Health Screening @ PCP/Outpatient Laboratory/Outpatient X-ray	100% of covered charges		
<b>PRESCRIPTION DRUGS</b>			
Limited to generics unless specified by physician (additional co-pay may apply)	<u>Retail</u>	<u>Mail</u>	<u>Out of Network</u>
	<b>Member Pays</b>	<b>Member Pays</b>	<b>Member Pays</b>
1. Generic drugs	\$ 5.00 co-payment	\$ 0.00 co-payment for 90-days	50% of AWP
2. Brand name drugs	20% of covered drug	\$30.00 co-payment for 90-days	50% of AWP
3. Non-Formulary drugs	30% of covered drug	\$60.00 co-payment for 90-days	50% of AWP
4. Injectable drugs	30% of covered drug	30% of covered drug (+shipping)	50% of AWP
<b>DIAGNOSTIC TESTING</b>			
MRI, CT Scan, Ultrasound, Cardiac Stress Test, Cardiac Catherization, Coronary Angiography, Bone Scan, Biopsy and any other diagnostic procedures. Limited to one test per Contract Period per anatomical region. Pre-certification required.	\$100.00 co-payment per procedure Approval based on medical review		
<b>CARDIAC CARE</b>			
1. Specialist Care Office Visit	\$25.00 co-payment		
2. Cardiac Surgery	\$100.00 co-payment per day for the first 5-days		
<b>CHEMOTHERAPY, RADIATION THERAPY, NUCLEAR MEDICINE</b>			
(Limited to \$15,000 per Contract Period)	\$100.00 co-payment per procedure		
<b>CONGENITAL DISEASES</b> (Limited to \$15,000 per Contract Period)			
1. Primary Care Office Visit @ PCP	\$10.00 co-payment		
2. Specialist Care Office Visit or Non-PCP	\$25.00 co-payment		
3. Hospitalization (Hospital & Inpatient Benefits Apply)	\$100.00 co-payment per day for the first 5-days		
<b>STERILIZATION PROCEDURES</b>			
(Outpatient Tubal Ligation or Vasectomy @ PCP or Surgicenter)	\$50.00 co-payment		
<b>BLOOD &amp; BLOOD DERIVATIVES</b> (Limited to cost of administration only)			
	\$25.00 co-payment		
<b>CHIROPRACTIC</b> (Limited to \$1,000 per Contract Period)			
	\$10.00 co-payment		
<b>PHYSICAL THERAPY</b> (Limited to \$1,500 per Contract Period)			
	\$25.00 co-payment		
<b>SPEECH THERAPY</b> (Limited to \$400 per Contract Period/100 2-hr sessions lifetime)			
	\$25.00 co-payment		
<b>DURABLE MEDICAL EQUIPMENT (DME)</b>			
	\$100.00 co-payment		
Includes standard hospital bed, standard wheelchair, crutches, oxygen concentrator, bili-lite, nebulizer. Limited to rental only.			
<b>CHRONIC ORTHOPEDIC CONDITION</b> (Limited to \$50,000 per Contract Period)			
1. Primary Care Office Visit @ PCP	80% of covered charges		
2. Specialist Care Office Visit or Non-PCP	80% of covered charges		
3. Hospitalization	80% of covered charges		

BENEFIT DESCRIPTION	PARTICIPATING PROVIDERS
<b>ALCOHOL/SUBSTANCE ABUSE TREATMENT (OUTPATIENT)</b>	\$25.00 co-payment
<b>MENTAL HEALTH (OUTPATIENT)</b> First 20 visits All visits thereafter	100% covered after \$25.00 co-payment 80% covered after \$50.00 co-payment
<b>RECONSTRUCTIVE BREAST SURGERY</b> 1. Primary Care Office Visit @ PCP 2. Specialist Care or Non-PCP Office Visit 3. Hospitalization/Surgery Limited to the following: ● Reconstruction of the breast on which a Mastectomy was performed due to cancer ● Surgery and reconstruction of other breast to produce symmetrical appearance ● Prostheses and treatment of physical complication, including Lymphedemas	\$10.00 co-payment \$25.00 co-payment \$100.00 co-payment per day for the first 5-days
<b>FITNESS REWARD</b> (Limited to participating Fitness Centers and attendance participation of 8 times per month).	Up to \$100.00 Cash Reward
<b>WELLNESS BENEFIT</b>	80% of covered charges
<b>GROUP TERM LIFE INSURANCE</b> (See policy provisions for coverage details)	\$5,000 Basic Coverage + \$5,000 AD&D
<b>CONTRACT PERIOD MAXIMUM</b>	\$750,000.00
<b>ANNUAL OUT-OF-POCKET MAXIMUM</b> 1. Per Individual Per Contract Period 2. Per Family Per Contract Period	\$2,000.00 \$6,000.00

**COVERED CHARGES** - The charge determined by NetCare to be the maximum amount that it will pay for a covered service to a health care provider. Any applicable co-payment will apply to the Eligible Charge. The Eligible Charge will be the lesser of the actual charge of the negotiated charge for Participating Provider services. For non-participating provider services, the Eligible Charge will be the lesser of the actual charge or UCR in the geographic region where the service was rendered.

**PROVIDER NETWORK** - Services are limited to participating providers in Guam and Asia. There is no coverage for services rendered by non-participating providers.

**PRIMARY CARE PROVIDER (PCP)** - A PCP is required for each enrolled member. Please refer to NetCare's Provider Directory for your PCP election.

**REFERRALS** - Referrals approved by NetCare are required before services are rendered by non-PCP and services outside of Guam.

**EMERGENCY CARE** - Coverage for medical emergencies off-island will be subject to the limitations of your Plan. NetCare must be notified immediately for hospitalization.

**UCR** - Usual Customary & Reasonable charges of the geographical location where service was rendered based on the current Medicare RBRVS/DRG.

### *Medical Exclusions:* Services NOT covered by NetCare.

- Airfare (unless criteria as set forth by the Plan has been met).
- Allergy Testing/Treatment.
- Acupuncture.
- Biofeedback and other forms of self-care or self-help training.
- Care for military service connected disabilities to which a member is legally entitled.
- Care and services normally covered by Medicare Parts A & B for which the member is eligible and entitled to at no cost, but declined to enroll.
- Care or services rendered by immediate relatives or members of the enrollee's household, rendered as a duly licensed medical practitioner employed by a health care provider.
- Chronic Brain Syndrome, or custodial care charges resulting from senile deterioration.
- Cost of care or treatment related to diseases, illness, or injuries where payment is provided for under local laws or programs, federal acts, industrial insurance, automobile insurance or Worker's Compensation programs.
- Custodial care, domiciliary or convalescent care, or rest cures.
- Dental services except for surgical procedures as a result of accidental injury to natural teeth or jaw. Such services do not include capping, bridges or retainers as benefits.
- Elective cosmetic treatment including but not limited to breast implants (unless after mastectomy due to cancer) cosmetic eye surgery (ie. Lasik), etc.
- Emergency treatment provided outside the service area if the need for care could have been foreseen before departing the service area.
- Executive Physical Exams/Executive Check-up (Inpatient Physical Exam).
- Experimental medical, surgical and other health-care procedures.
- Gastric Bypass, stapling or reversal, surgical correction (except as approved by the Plan).
- Hearing Aids.
- Hip Joint replacement surgery and all related treatment and services.
- Hyperbaric Oxygen Treatment (HBO).
- Implants including a non-human artificial or mechanical organ, breast implants, penile prosthesis, cornea, intra-ocular lenses, artificial joints and limbs, etc. except for cardiac pacemakers and stents.
- Infertility services and care related to conception by artificial means, including artificial insemination, in-vitro fertilization and embryo transfers, sterilization unless medically necessary, cost of care and treatment for reversal of sterilization and treatment or correction of infertility.
- Inpatient services related to non-spouse maternity (e.g. ectopic pregnancy, antepartum hemorrhage).
- Intentionally self-inflicted injury, while sane or insane unless or from a domestic violence dispute.
- Injury or illness incurred as a result of attempted suicide.
- Interrupted pregnancy (non-medically necessary), non-life threatening abortions unless medically necessary.
- Living expenses including meals, hotel rooms, transportation, etc.
- Long term rehabilitation and physical therapy.
- Medical treatment and services related to dialysis.
- Nasal reconstruction except to correct a deformity as a result of an accidental injury which occurred within 90-days of the date of surgery, or the removal or

- treatment of cancer of the nose.
- Non-medical treatment of obesity (except as approved by the Plan).
- Non-spouse dependent maternity care, inpatient and outpatient, including but not limited to treatment for ectopic pregnancy, antepartum hemorrhage.
- Orthopedic and external prosthetic devices including but not limited to shoes, orthotics, artificial limbs, etc.
- Over-the-counter drugs or drugs for which a prescription from a licensed physician is not required under federal law.
- Personal comfort items, such as but not limited to telephone, television, guest trays, electrical power, water and disposal systems, baths and pools at their installation, hospital room upgrades & surcharges.
- Physical examinations and all services related thereto when required for obtaining or continuing employment, insurance, schooling, governmental licensing or sports activities.
- Pre-existing conditions and medical conditions excluded and noted on the policy.
- Prenatal ultrasound (except as approved by the Plan). Routine ultrasounds are limited to one per pregnancy term. Subsequent ultrasounds are not covered unless medically necessary and approved by the Plan.
- Primary Care services rendered at a participating provider other than the member's elected PCP (unless approved by the Plan).
- Services provided by the covered person's spouse, child, brother, sister or parents whether by blood or by law.
- Services rendered at providers outside of NetCare's specified Advantage Plan provider network.
- State & local taxes, administrative fees and handling/shipping charges.
- Temporomandibular (jaw) joint disorders and related diseases (TMJ).
- The purchases and/or fitting of eyeglasses or contact lenses (unless Vision Care Rider is elected), radical keratotomy or lasik.
- Transsexual surgery and related services.
- Treatment and services related to organ transplant.
- Treatment of acne related services, including prescription drugs.
- Treatment for adult circumcision procedures, if provided solely for cosmetic or religious purposes.
- Treatment for services and supplies related to sexual dysfunction (ie. Viagra)
- Treatment for injuries sustained in the commission of an illegal act including but not limited to drunk driving (driving while intoxicated, or with an alcohol level of .08 or greater on the Draeger Alco Test, or blood alcohol level of 100-250 MG/DL).
- Treatment of injuries or illnesses sustained as a result of war or any acts of war, declared or undeclared.
- Treatment of injuries while participating in hazardous sports, such as but not limited to off-road, skydiving, etc.
- Treatment and services related to Occupational therapy, including hand therapy.
- Treatment and services related to sleeping disorders, sleep evaluation & diagnosis.
- Whole blood and blood derivatives.
- Any portion of an expense, charge or fee that exceeds the eligible charges and the Usual, Customary and Reasonable charge.
- Benefits and services not specified as covered.